

RONGAI ROUTE

7 Days / 6 Nights

Rongai Route

Duration: 7 Days / 6 Nights

Type: Group Safari

Main Focus: Adventure

Country: Tanzania

Overview of the Rongai route

Rongai approaches Kilimanjaro from the **north**, near the Kenyan border. It tends to be **quieter** than Machame or Lemosho on the first half of the climb, passes **Mawenzi**, and summits from **Kibo** before descending the **Marangu** trail.

It is a strong option in **rainy periods** when the northern forest can be drier than the southern rainforest belt. Programmes are usually **6 or 7 days on the mountain**.

Expert recommendation

Choose **Rongai 7-day** when you want more solitude early on and a gentler acclimatization curve. The **6-day** schedule is shorter and tougher from an altitude perspective.

DESTINATIONS



Kilimanjaro National Park



Kilimanjaro International Airport JRO



Moshi Town

info@kilimanjaroexplore.com +255759 852 086

DAY-BY-DAY ITINERARY

Day 1: Arrival

Arrival at JRO; meet **Kilimanjaro Explore** staff and transfer to your hotel. Evening briefing. **Please note:** Check-in often from **2:00 PM**.

DESTINATION

Moshi Town



ACCOMMODATION

Keys Hotel Mbokomu



Day 2: Nalemuru Gate to Simba Camp

Morning briefing, then drive to **Nalemuru Gate** (~2,020 m / 6,627 ft). After permits and registration, trek through **coniferous forest** on the northern slopes to **Simba Camp** (~2,671 m / 8,761 ft). Keep a comfortable pace — first night at altitude.

- High fluid intake all day.
- Altitude medication only per your physician's advice.
- Report symptoms to your guide.

Trekking time: 3–4 hours | **Distance:** ~8 km (4.9 mi)

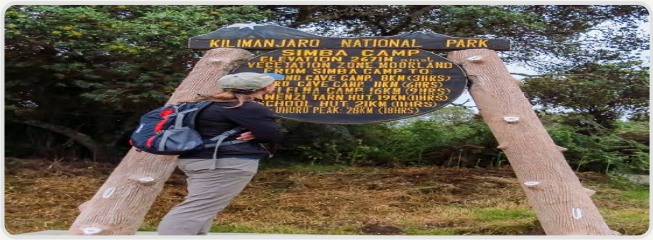
DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Simba Camp



Day 3: Simba Camp to Kikelelwa Camp

Early breakfast, then trek to **Kikilewa Camp** (~3,630 m / 11,906 ft). In clear weather, **Kibo** dominates the skyline. This day is more demanding than the first; rest well at camp.

Trekking time: 5–6 hours | **Distance:** ~10 km (6.2 mi)

DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Kikulelwa Camp



info@kilimanjaroexplore.com
+255759 852 086

Day 4: Kikelewa Camp to Mawenzi Tarn Camp

Trek to **Mawenzi Tarn Camp** at the foot of **Mawenzi**. Lunch and a short rest, then an **acclimatization hike** on Mawenzi's lower slopes (~200 m gain) before returning for dinner.

Acclimatization hike: ~2 km, **1–2 hours**.

Trekking time (main): 4–5 hours | **Distance:** ~6 km (3.7 mi)

DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Mawenzi Tarn Hut



Day 5: Acclimatization day at Mawenzi Tarn Camp

Today is dedicated to acclimatization to help your body adjust to the high altitude before continuing toward the summit. After breakfast, we take an acclimatization walk in the beautiful surroundings of Mawenzi Tarn, beneath the dramatic rocky peaks of Mawenzi.

Depending on weather conditions and how the group is feeling, your guide may lead a gradual walk to a higher elevation before returning to camp to rest. This follows the principle of *climb high, sleep low*, helping your body adapt to the reduced oxygen levels at altitude.

Enjoy the spectacular mountain scenery, stay well hydrated, and take time to relax at camp. Our guides will monitor your health and oxygen saturation as appropriate throughout the day.

After dinner, we receive a briefing about the following day's trek to Kibo Hut and prepare for the next stage of the expedition.

Elevation: Approximately 4,315 m (14,157 ft)

Please note: Take acclimatization hikes seriously — they improve summit odds.

DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Mawenzi Tarn Hut



Day 6: Mawenzi Tarn to Kibo Hut

Trek across **alpine semi-desert** toward **Kibo Hut** (~4,720 m / 15,482 ft). Conserve energy — summit night follows. Eat, hydrate, and sleep as much as you can in the afternoon.

Trekking time: 5–6 hours | **Distance:** ~9 km (5.5 mi)

DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Kibo Hut



Day 7: Uhuru Peak and descent to Horombo Hut

Night departure from Kibo for **Uhuru Peak** (5,895 m / 19,336 ft). The route is not technical, but altitude is taxing; guides monitor pairs closely. After the summit, optional short detour toward glacier viewpoints, rest at Kibo, then long descent to **Horombo Hut**.

Please note: Most slips and toe injuries occur descending — stay focused.

Trekking time: 12–14 hours | **Distance:** ~21 km (13 mi)

DESTINATION

Kilimanjaro National Park



ACCOMMODATION

Marangu route huts (KINAPA)



Day 8: Horombo Hut to Marangu Gate

Warm breakfast, then descend through forest to **Marangu Gate**. Certificates, guestbook, and transfer to the hotel.

Trekking time: 5–6 hours | **Distance:** ~18 km (11.1 mi)

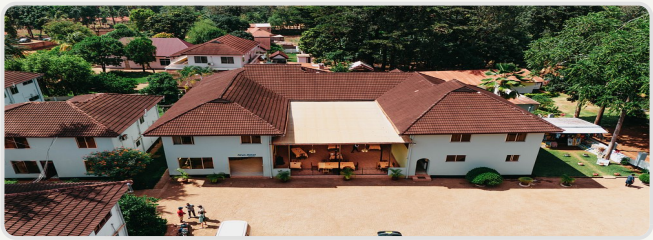
DESTINATION

Moshi Town



ACCOMMODATION

Keys Hotel Mbokomu



Day 9: Departure

Rest and airport transfer. **Please note:** Hotel check-out often **11:00 AM**.

DESTINATION

Kilimanjaro International Airport JRO



ACCOMMODATION

No Accommodation

WHAT'S INCLUDED & EXCLUDED

Included

- All transfers in Tanzania as per programme (airport pick-up and drop-off, hotel ? park gate / trailhead)
- Hotel accommodation before and after the climb (typically bed & breakfast; shared twin unless single supplement)
- Kilimanjaro National Park fees, camping or hut fees, and rescue fee contributions as applicable
- Professional mountain guides, assistant guides, cook(s), and porter crew
- All meals on the mountain; mess / kitchen tent and group dining equipment
- Four-season mountain tents (shared, two per tent by default), group sleeping mat, group camping furniture
- Safety: emergency oxygen, comprehensive group medical kit, daily health monitoring with guides
- Summit certificates after a successful climb

Excluded

- International flights to/from Kilimanjaro International Airport (JRO)
- Tanzania visa fees (confirm current rate before travel)
- Travel and high-altitude evacuation insurance (mandatory — confirm coverage for trekking to 6,000 m)
- Tips for guides, cooks, and porters (budget per consultant advice)
- Personal trekking clothing, boots, and sleeping bag (rental may be available)
- Lunch and dinner at the hotel before/after the climb unless stated otherwise
- Single room or single tent supplements; optional portable toilet hire; optional private tent surcharge
- Personal expenses, drinks, laundry, and phone/data charges

PRICING INFORMATION

All prices are per person in USD.

	SOLO	2 PAX	3 PAX
7-day	$2,200	**$2,130**	$2,075

Group rates: Prices shown for 1–3 travelers. Contact us for groups of 4 or more.